



At The Village Wellness Clinic, our team of highly skilled therapists bring together a wide range of expertise to provide clients with a complete approach to treatment. From stress to sports injuries, our fully qualified therapists will be happy to help!

Please ask at reception or call us on 01883 343777 for more information or to book an appointment.

Osteopathy

Osteopathy is a system of treatment primarily concerned with correcting the mobility of the body framework (the musculo-skeletal system) to promote good health. A variety of techniques are used, with many conditions responding well to treatment. Osteopaths look at posture and the function of the whole body to try and provide appropriate treatments and lasting relief from pain.

Initial consultation- £40 (10% discount for members)
Follow up appointment- £32 (10% discount for members)

Sports Massage

Sports massage is a collective term for deep tissue treatment used to relieve muscle tension, break down scar tissue and improve circulation and joint mobility. Massage is a great way to treat many conditions such as sports injury, whiplash, muscle tension and restricted flexibility as well as assisting in relaxation.

1 hour sports massage- £40 (10% discount for members)
Half hour appointment- £28 (10% discount for members)

Hypnotherapy

Hypnosis and Hypnotherapy are a natural and very pleasant experience that creates an enhanced state of awareness. This completely relaxed state enables us to change negative ideas and thought patterns by installing new ones in order to instil confidence and self belief, to promote personal development and unlock inner potential, thereby transforming and enriching peoples lives.

Initial consultation- Free
1 hour appointment- £40

Homeopathy

Homeopathy is a complete medical system widely used and accepted around the world as it is safe and gentle and has success where other systems fail. Is it time to turn away from the side effects of medications and take control of your own health and that of your family? The consultation takes into account your physical, mental and emotional well-being, and your history of health / ill health. Remedy's' are given in pill form or tinctures and are included in the price. Reassuringly there is a remedy for every problem. Clinic hours are Tuesday, Wednesday and Thursdays between 11am- 5pm.

1 hour initial consultation- £30
30 minute follow-up appointment- £25